

Back for the Future – a Symposium

2 USDF Continuing Education Credits (102883)



Photo Credit: Pascali FF taken by Courtenay Fraser

Learning Objectives

To have a comprehensive knowledge of the musculoskeletal system and equine posture, and the effect of the rider on the horse's balance and suppleness of the back.

When: October 20, 2018 8am-5pm

Lecture Location: The Hellenic Center
616 Alhambra St, Sacramento CA

When: October 21, 2018 8am-4:30pm

Riding Location: Clay Station Ranch
9439 Clay Station Road, Wilton CA



USDF University credit

Speakers

Jayne Ayers will present material developed specifically for this Symposium. She will discuss how straightness and loss of straightness affect suppleness of the back of the horse; elements of the correct bending and maintaining lateral balance; the role of the front legs in longitudinal balance and engagement, and the role of balance in a supple and carrying back. On Sunday, she will teach eight riders, focusing on improved rider alignment, balance and symmetry, as well as exercises to develop the horse's back.



Jayne is a Federation Equestre Internationale “I” and USEF “S” Dressage judge as well as an “R” sport horse breed judge. A member of the USEF Dressage Committee, she is a former executive board member of the USDF and founder of the USDF sport horse committee as well as a member of the USDF L Program Faculty, teacher and coach.. She enjoys teaching students of all ages and abilities. She has coached Para-Olympic riders who successfully competed at the 2010 World Equestrian Games.

Carmi Weininger will present saddle fit for the rider, and an in-depth analysis of the relationship between equine anatomy and the dynamics of saddle fit; how to resolve saddle fitting problems; rider variations in anatomy including leg length, pelvic floor, hip articulation and circumference. Saddle variations include seat size, width, stirrup bar placement, and twist. The Saturday presentation will include labs for clinic riders to learn about their own tendencies and saddle fit needs..



On Sunday, Carmi will lecture and demonstrate how to evaluate saddle fit for the horse in the morning. Topics include:

- Helpful Saddle Fitting Tools
- Testing Saddle Fit on Standing Horse
- Testing Saddle Fit on Moving Horse
- Signs of Good Saddle Fit
- Signs of Poor Saddle Fit

In the afternoon, she will evaluate saddle fit for the horse.

Carmi is known across the U.S. as an educator and innovative thinker who is committed to improving the comfort and performance of horses through saddle fitting. Her saddle fitting clinics and seminars help educate equestrians regardless of riding style. She has been featured as an expert in *Chronicle of the Horse* and *Trail Blazer* magazines and serves as a regular guest lecturer in *Functional Anatomy* at the University of Guelph in Ontario, Canada.

Registration form – must be received by October 13

Name:

Email:

Phone number:

USDF Member # (Only required if you are requesting University Credit):

I want to attend (pick one):

_Saturday Lecture \$75

_Saturday Lecture - Junior price \$25

_Saturday lecture and audit Sunday \$95

_Saturday lecture and Sunday Clinic Audit – Junior price \$45

_Saturday Lecture and clinic ride Sunday \$150 – **note lecture attendance is mandatory if you ride in the clinic with Jayne**

_Saturday Lecture, Sunday saddle fit lecture and evaluation \$150

_Sunday saddle fit lecture and evaluation \$75

Lunch is included, both days. If you will need a stall on Sunday, add \$30. Make checks payable to Foothills Chapter – CDS.

Credit card #: _____

Expiration date:

Credit card Billing address:

Send registration to:

Foothills CDS Symposium

Attn: Mari Naten

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